

Victoria Recaño

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This adorable Hollywood insider—she’s been a correspondent for TV’s *The Insider* since 2004—invited us to join her for a day of retail therapy and girl chat in Los Angeles. And since an expectant mom’s got to keep up her strength, some lunch was in order, too. With all of Hollywood at Victoria’s beck and call, all she really wants for the birth of her baby girl is her mom by her side—and for her husband to not pass out!

Hair by Joy Bergin; Makeup by Ing Ostrom; The day was planned by Hot Moms Club Celebrity Baby Planner Natalie Klein

Velvet Long Sleeve V-neck Wrap Maternity Tee in Plum | \$155, apeainthepod.com; True Religion Joey Secret Fit Belly Fit and Flare Maternity Jean | \$245, apeainthepod.com; shoes and jewelry are Victoria’s



Have you had any food cravings?

Cheddar Jalapeño Cheetos.

Do you have a name picked out for the baby?

Her code name is "Coco." My husband calls her Coco Puff. We didn't really want to announce any official name because we were afraid we'd get too many official opinions.

Do you have any crazy nesting stories?

I just went through an overhaul of my closet. I woke up at 5 a.m. and could not sleep, so I decided that was the perfect time to go through and do a major Goodwill donation. Suddenly, things I thought that I could never part with, I'm like, "Get rid of it!"



Victoria's girl's day brought her to Bel Bambini and in Beverly Hills. Here are a few things that caught her eye while shopping for "Coco":

- **Orbit Stroller:** orbitbaby.com (left)
- **Blankyclip:** blankyclip.com
- **Serena & Lily Take Me Home Gift Set:** serenaandlily.com
- **Januzzi clothing:** jannuzziclothing.com
- **Aden + Anais Muslin Baby Wraps:** adenandanaïs.com
- **Cloud B Sleep Sheep:** cloudb.com
- **Cariboo bassinette:** cariboo.us (bottom left)
- **Summer Infant Day & Night Color Video Monitor:** summerinfant.com



Bel Bambini is a big place for celebs to go shopping or register! Here are just a handful of the celebrity moms who you're likely to run into there: Sheryl Crow, Tori Spelling, Salma Hayek, Jessica Alba, Halle Berry, Christina Aguilera, Britney Spears, Poppy Montgomery, and Melissa Joan Hart.



What role have your closest girlfriends played in your pregnancy?

My sister has put a little bit of the fear of God in me about some things. And my girlfriend Dana is helping us design the nursery, so that's been really fun. It's good to have friends that can guide you.

My friends with careers have told me that it is important to know your limitations and see what works best for you once the baby arrives. Don't try to plan out too many things and set yourself up for disappointment.

How do you think you're relationships with your friends will change after the baby comes?

I said to my one girlfriend, "I cannot believe that I'm having a 45 minute conversation about an Orbit stroller!" All of a sudden I thought, Oh my God, have I become that person?

I would say that the topics of conversation have definitely changed for sure.

What advice have you received from celebrities?

Kate Hudson told me, "Find the balance so you have time for yourself, for your friendships, and for your man. From the second we have our kids, we feel guilty that we're not there enough, we're not doing enough, we're not feeding enough. You're constantly feeling this guilt. And then my mom [Goldie Hawn] goes 'Just let it go. You'll always feel it.' She's still feeling guilty because she can't be in a hundred different places, and her kids are grown."

And Tom Cruise had advice for my husband. Tom told him, "Every morning when you wake up, you need to ask Victoria, 'What can I do?'" He said it directly to my husband; I really love that.

Victoria stopped by **The Blvd at the Beverly Wilshire Hotel** for a quick five courses and some much needed girl talk with her buddies from HotMomsClub.com.

The menu included roasted Roma tomato and ginger soup, grilled asparagus and toast-ed faro salad with Bulgarian feta, Dover sole "a la plancha" with marinated persimmon and crisp apple, and seared prime New York steak with grilled King Edward potato. Of course, it was all followed by a decadent dessert fit for an expectant mom with a serious sweet tooth.



Who's your go-to person for questions? My mom is a labor-and-delivery nurse, so I've got the inside line. She's not into pressuring me into anything, she said, "Right now breastfeeding is really important but you have to do what feels normal and natural to you." I love that. It's really important, because you don't want to feel like a failure before you even come out of the gate.

What's your birth plan? We just talked about it—me, my mom, and my husband. Part of our birth plan is because my husband's not so great with blood; I really don't want him to pass out. He asked me, "Do men have doulas?"

As of now, I'm planning on seeing how it goes for the epidural and seeing what my pain threshold is. I have no idea what that's like, so I'm not even going to venture to say. I've already told my mom, "I need you! I need you!"

Oh yeah, that's another thing, that baby goes right to the chest. So that's my birth plan so far. But I'll take it as it goes, nothing in writing. **P**



And now that Victoria's closet has been thoroughly cleaned out, she felt inspired to stop by A Pea in the Pod to see if there was anything she needed. A few items that caught her eye:

- **Mama Mio Congratulations Kit:** mamamio.com
- **B.Y.O.G. Delivery Gowns:** byog.com
- **Petunia Pickle Bottom Cake Society Satchel:** petuniapicklebottom.com
- **Hanky Panky Maternity Panties:** apeainthepod.com
- **On Gossamer Short Sleeve Crew Neck Maternity Pajama Set:** apeainthepod.com

